

Editorial

Today's reality of volatility, uncertainty, complexity, and ambiguity requires the constant adaptation of both individuals and communities to the world around them. At a time when situations and events are highly unpredictable, and when there is a need to respond to the volatility of the reality around us, we offer another issue of our journal with the leading theme of "Good Practices and Challenges Regarding the Fostering of Resilience." The wellbeing of any human being, especially a young person or a child, is the goal of effective education. As we can read in one of the articles in this issue, people are faced with constant changes, many of which generate stress. Therefore, resilience is useful for everyday functioning. The authors of the articles within, in analyzing the crisis that contemporary society is experiencing and referring to various research areas, look to resilience for adaptive solutions. Strengthening resilience, they claim, can take place through a variety of activities, such as sport, outdoor activities, art classes, adventure activities, problem-solving games, dancing, singing, reading, social volunteering, or learning a foreign language. In educational contexts, enhanced resilience is needed to face the stress generated by learning mathematics, for example. The importance of the family and non-family environment in the development of mental resilience is also discussed in this context. In these texts we find not only various situations requiring resilience, but also examples of biographies that can provide educational tips for enhancing resilience. Those biographies contain elements of good practice of applying resilience to life situations that are challenging for the person involved. Thus, enhancing resilience seems to be a practice that should not disappear from the field of educational activities.

We also invite you to read the articles in the Miscellaneous section, which deal both with issues related to research in the field of education and with different perspectives involving educational activities.

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